

The Bolus

SLPQuest Dysphagia Newsletter

ECHO DYSPHAGIA LAUNCH EVENT

by Dr. B. S. Premalatha

*Dysphagia
Practice in India*



"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."

– HELEN KELLER

The Launch

ECHO Dysphagia



DYSPHAGIA PRACTICE IN INDIA

Professor in Speech-Language Pathology
Dr. S. R. C. Institute of Speech and Hearing
Bengaluru

Dr. Ratna oration awardee Prof. B S Premalatha inaugurated the ECHO Dysphagia with a talk on "Dysphagia Practice in India" on the 18th of September.

She highlighted the lack of exposure both for theory and in practice for speech-language pathologists in the field of dysphagia in the past and how gradually over 3 decades the role of SLPs in the assessment and management of swallowing disorders has leveled up from recognizable to indispensable.

Prof. Premalatha then focussed on the different courses at UG and PG levels and the changes brought in the syllabus including in both dysphagia theory and clinical practicum. She mentioned several fellowship programs run by esteemed institutes like Amrita Institute of Medical Sciences - Kochi, TATA Memorial Hospital - Mumbai, HCG Hospital - Bangalore, including the one that she initiated for Speech and Swallow Rehabilitation in HN Cancers at Dr. S. R. Chandrasekhar Institute of Speech and Hearing in collaboration with Kidwai Memorial Institute of Oncology, Bengaluru.

A mention on the doctoral researches in dysphagia indicated a paradigm shift in India in addition to the information about two noteworthy groups who have set out to empower SLPs in Dysphagia management, i.e., Society for Feeding and Swallowing Disorders India (SFSD) and Dysphagia India - IAPEN.

She encouraged all participants to find interest in the field and congratulated ECHO Dysphagia for the initiative of creating a standardized and uniform skill transfer by learning and case discussion.

Newsletter Highlights

The launch

ECHO Dysphagia Message

Prelaunch Didactics

Just for fun



BUILDING CAPACITY FOR DYSPHAGIA PRACTICE IN INDIA



In spite of the fast-growing interest of SLPs in the field of dysphagia and the awareness of their role in dysphagia assessment and intervention by the medical fraternity, inadequate and non-uniform skills and knowledge in dysphagia has restricted SLPs to command the field.

We at Echo Dysphagia have taken up the challenge of increasing exposure to knowledge delivered by the pioneers and experts in the field, and bringing up case discussions by young practitioners to create an effective approach in skill transfer for dysphagia assessment and management.

We aim at creating a uniform dysphagia practice at par with the global standards. This will provide SLPs the competence and confidence to do deliver services for individuals with dysphagia by choosing the best options and making the right decisions in helping them combat dysphagia. This will prove more useful than ever at present in the midst of a pandemic that has redefined our role in healthcare.

The Modus Operandi of ECHO Dysphagia is to move knowledge through didactic sessions by experts and clinical case discussions among hub and spokes. This may also facilitate academic and research collaboration, education and training, and support systems for dysphagia clinicians across India.

ECHO Dysphagia also provides an opportunity to network amongst SLPs of different regions, training backgrounds, and guiding clinicians to make the optimal use of limited resources in the country.

A participant can take part in the program as an expert to deliver an invited lecture relevant to the course curriculum, participate in the case discussion to guide the care plan, present success stories, or present clinical cases as a spoke. One may also join our highly motivated team of SLPs in planning, conducting, and curating content for the subscribers through our resource systems. The sessions will be conducted every 2nd and 4th Saturday of the month from 02:00 to 03:00pm IST.

"*The Bolus*" a newsletter of SLPQuest, that focuses on Dysphagia, will showcase the proceedings of ECHO Dysphagia sessions every 1st Saturday of the Month. We call upon individuals, institutions, and associations to join hands in building capacity for dysphagia practice in India. Join us and unite to "*move knowledge by moving bolus*".



SAMRIDDDHA KUMAR
Coordinator



PRASANNA S. HEGDE
Lead

A Message from SLPQuest

SLPQuest is an online content website focused on Academics, Research, and Clinical resources for Speech-Language Pathologists and the general public. It is managed by a group of highly motivated professionals who believe in being the change that the world needs. Great content is posted regularly.



ECHO Dysphagia is one such project in collaboration with ECHO India powering the capacity building in Dysphagia Rehabilitation for India. SLPQuest is evolving in its ability to curate, conduct, and empower programs. The powerhouse is the team of advisories and well-wishers who constantly lend their support to the core team.



ECHO CANCARE - THE JOURNEY

www.cansupport.org

CanSupport, founded in 1996, runs India's largest free home-based palliative care program. At any given time, their palliative care teams are caring for 2600 cancer patients and their families. They also run out-patient clinics, daycare centers, and training programs. It has a team of doctors, nurses, trainers, counselors, social workers, volunteers, administrators, drivers, and housekeepers.

CanSupport's achievements have been recognized all over the world. Many team members have received awards in their field of work.

CanSupport collaborated with ECHO India for capacity building in palliative care in people with cancer by conducting training and learning sessions for Home Care teams in Delhi, UP, Harayana, and Punjab.

Mrs. Reena Sharma delivered a prelaunch lecture on the journey of the ECHO India Palliative Care Program for caring for People with Cancer. It was attended by Speech-Language Pathologists across India. Learning from successful ECHO programs and hearing from ECHO champions is a key factor in replicating the models in other healthcare domains.

CAPACITY BUILDING FOR DYSPHAGIA

Capacity building is an integral part of service delivery to cater to the expanding need and access to healthcare. The basic principle of capacity building is to provide adequate infrastructure and care even to the remotest part.

ECHO India in collaboration with individuals and institutions has set an example about the possibility of in healthcare service delivery. It may seem that the pandemic has put a halt to the activities; on the contrary, COVID-19 has brought upon further need in developing the local reagents who would assist the superspecialists placed at metro cities like Bengaluru.



Prasanna Hegde, Program Director at HCG Hospitals discussed in brief about the basic principles of capacity building in health care and what perspective changes to be brought to see the success of the efforts towards this.

A Message from ECHO India

ECHO India is a not-for-profit organization working towards building capacities across areas such as healthcare, education and other sustainable development goals. Project ECHO grew out of one doctor's vision, Dr Sanjeev Arora, MD, a liver disease specialist at the University of New Mexico Health Sciences Center in Albuquerque.

Although the ECHO model makes use of telecommunications technology – it is not traditional telemedicine, in which a specialist assumes care of a patient. Instead, the ECHO Model can be defined as telementoring, a guided practice model where the participating care provider participants become part of a knowledge-sharing platform for building capacity and sharing best practices through case-based learning.



CROSSWORDS & RIDDLES

ACROSS

- 2. like a pelican
- 3. the word terrifies the doctors
- 5. that smacks hard
- 8. that which is decided by the viscosity
- 9. - the tube in the nose that sees swallow
- 10. a work horse in the mouth
- 11. the word that is also a bird

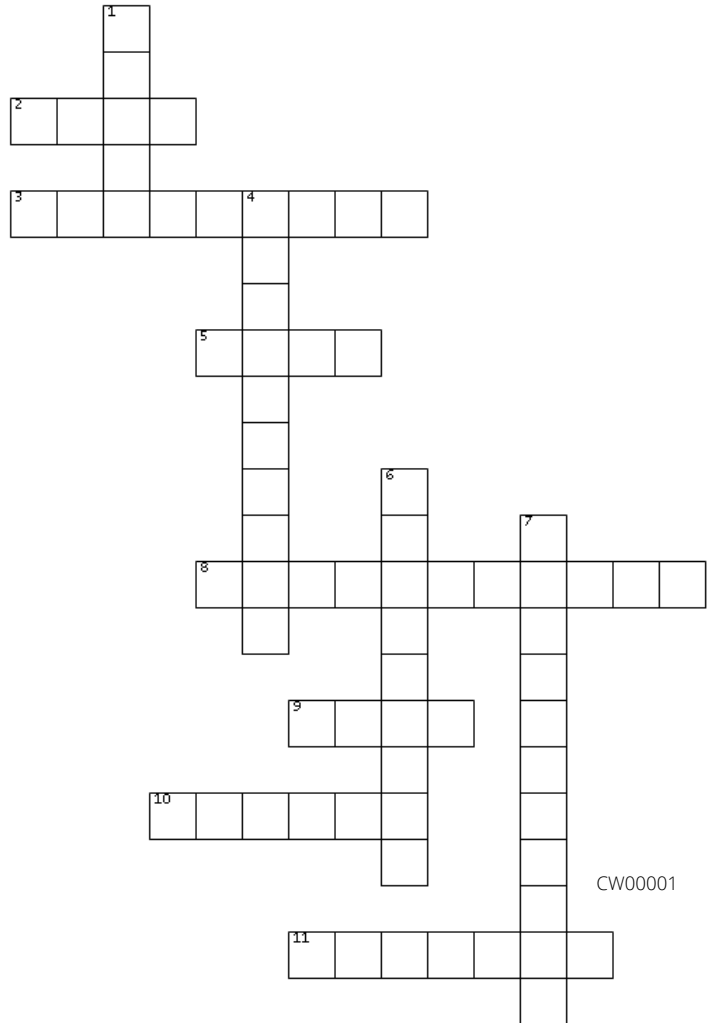
DOWN

- 1. result of mastication and collection of food
- 4. The food below vocal cords
- 6. that changes the viscosity
- 7. the food in the larynx but above the vocal folds

Use the clues to fill in the words above.

Words can go across or down.

Letters are shared when the words intersect.



CW00001

WHO AM I?

- We are not friends. When I happen, you don't.
- I am made of only flesh, yet can challenge the bones.
- I can swallow you, you can swallow me.

Answers to the previous Quest



Watch this space for the answer to all the puzzles, riddles, and crosswords. Brain teasers curated by our team of a highly energetic team.

The Bolus

SLPQuest Dysphagia Newsletter

The idea of the newsletter for SLPQuest Dysphagia emerges from the need to share the changing trends in the practice of rehabilitation of feeding and swallowing disorders. It also presents a perspective of young aspirants who wish to pursue their interest in deglutology.

It is an ongoing effort of a highly motivated team of Deglutologists who have come together to be the change that they seek in the world. Feedback on this newsletter is welcome (info@slpquest.com) and we will seek to continuously improve and update our efforts to be relevant.

Upcoming session
09-10-2021 | 02:00pm IST

Join us

info@slpquest.com | www.slpquest.com

